



APPETIZERS

FRIED CAULIFLOWER

flash fried cauliflower with buffalo sauce, celery & carrot sticks, side of ranch 11.95

GARLIC PRETZEL KNOTS

with cheddar cheese & stone ground mustard dipping sauce 10.95

FRIED BRUSSELS SPROUTS

tossed in a honey chili balsamic sauce 12.95

CHICKEN LETTUCE WRAP

pan seared chicken in citrus juice, cucumbers, red & green onions, bell peppers, chili pepper, iceberg lettuce 15.95

GULP NACHOS

nacho cheese sauce, sour cream, pico de gallo, guacamole and black beans 11.95
add chicken 7 or ground beef 7

SRIRACHA DEVILED EGGS

sweet & spicy filling topped with maple bacon 12.95

SALT & PEPPER CALAMARI

side of both marinara & tartar sauce with fries 16.95

GULP CHICKEN WINGS

traditional spicy buffalo sauce or BBQ sauce 15.95

GULP ENTREES

FILET MIGNON STEAK

8 oz filet grilled to your desired temp and served with grilled asparagus and mashed potatoes 31.95

MANGO SALMON

pan seared salmon with chunky mango and citrus chili sauce, served with mashed potatoes and asparagus 24.95

AHI TUNA STACK*

chopped ahi tuna with ginger mango salsa, avocado, chili & poke sauce served with wonton chips 19.95

BEER BATTERED FISH & CHIPS

fried cod with tartar sauce, lemon & **GULP** fries 17.95

NICO'S GRILLED CITRUS CHICKEN

marinated chicken breast with mashed potatoes, grilled asparagus & lemon vinaigrette 19.95

TURKEY MEATLOAF

served with cranberry gravy, mashed potatoes, and mixed veggies 19.95

FAJITAS

Veggies 16.95, **Chicken** 19.95, **Shrimp** or **Steak** 21.95, onions, tomatoes, bell peppers and cilantro served with spanish rice, black beans and a side of flour or corn tortillas

Consuming raw or undercooked meats or seafood may increase your risk of foodborne illness

BURGERS & MORE

our burgers are a special blend of short rib, brisket, & chuck also available with turkey or vegetable patty come with your choice of regular fries, sweet potato fries, **GULP** fries or salad

THE **GULP** BURGER*

short rib, brisket & chuck patty, bacon, swiss, blue cheese, white onions, lettuce mix, tomato & aioli 16.95

BURGER & BREW

our **GULP** BURGER & any of our 37 tap beers 22.95

CLASSIC BURGER*

short rib, brisket & chuck patty, lettuce mix, tomato & white onions 15.95

NOT THE CLUB SANDWICH

grilled chicken breast, BLT, avocado, cajun aioli on wheat bread 15.95

ASIAN TUNA BURGER*

sesame seared ahi tuna, spring mix greens, asian aioli, sweet slaw and wonton chips. Served with a side asian salad 20.95

BUFFALO CHICKEN SLIDERS

two breaded chicken filets tossed in buffalo sauce served on pretzel knots with ranch, bleu cheese crumbles and slaw 15.95

SOUTHWEST PLAYA BOWL

black beans, mexican rice, avocado, pico de gallo, cabbage, salsa, cheese and tortilla strips 12.95
add chicken 7, add steak 10, add salmon 10, add shrimp 9

FLAT BREADS & PASTAS

BUFFALO CHICKEN FLATBREAD

fried chicken, tomato basil sauce, a blend of italian cheeses, green onions, drizzled with ranch dressing 14.95

PESTO FLATBREAD

basil, pesto, mozzarella cheese, artichoke, and roasted fennel 14.95

CAPELLINI POMODORO

heirloom cherry tomatoes, garlic marinara and parmesan cheese 14.95

BAKED MAC & CHEESE

spicy cajun style with chicken, andouille sausage and shrimp 19.95

SPICY CAJUN PASTA

sauteed chicken, andouille sausage, tomatoes and penne pasta tossed in spicy cajun sauce 19.95

GREENS

THE WEDGE

bacon, cherry tomatoes and blue cheese crumbles over a wedge of iceberg lettuce 10.95

CAESAR SALAD

romaine, shaved parmesan cheese with caesar dressing & croutons 11.95

add chicken 7, add steak 10, add salmon 10, add shrimp 9

CHINESE CHICKEN SALAD

poached chicken, romaine, shredded cabbage, carrots, toasted almonds & apple ginger dressing topped with wontons & sesame seeds 17.95

BUFFALO CHICKEN SALAD

spring mix, romaine, buffalo chicken, red onion, cucumber, cherry tomatoes, avocado, and ranch dressing 17.95